

1999 California Children's Healthy Eating and Exercise Practices Survey

Table 66: Distribution of Overweight Status of California Children Based on Body Mass Index^{1,2} (Diary Sample)

What is your child's current height in feet and inches (without shoes)?

What is your child's current weight in pounds?

	Overweight Status, Percent of Children		
	Not at Risk	At Risk (85th Percentile) ³	Overweight (95th Percentile) ⁴
Total	66	19	15
Gender			
Males	62	21	17
Females	70	16	13
Ethnicity			
White	71	14	15
African American	57	22	20
Latino	63	25	12
Asian/Other	64	14	22
Income			
≤\$19,999	66	22	12
20,000 - \$49,999	62	19	19
≥\$50,000	71	17	12
School Type			
Public	66	18	16
Other	70	21	9
Overweight Status			
Not at Risk	N/A	N/A	N/A
At Risk/Overweight	N/A	N/A	N/A
Food Stamps			
Yes	62	22	16
No	67	18	15
Physical Activity			
≥60 minutes	70	18	12
<60 minutes	64	19	17
School Breakfast			
Yes	72	16	12
No	65	19	15
School Lunch			
Yes	67	18	14
No	65	19	16
Nutrition Lesson			
Yes	72	17	12
No	59	22	20
Exercise Lesson			
Yes	68	18	14
No	63	19	18

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¹ Body Mass Index was calculated using the equation: weight in kilograms divided by height in meters².

² Calculated using the Reference Data for Obesity. CDC website, 2000.

³ BMI ≥ 85th <95th Percentile

⁴ BMI ≥ 95th Percentile

Rows may not add up to 100% due to rounding.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi-Square Test

** p<.01

*** p<.001